

# AGING ADULT RESOURCES

Keep these critical resources nearby to help connect you to delivery and transportation resources for many of your medical and food needs.

## FOOD DELIVERY

Hunger Free Colorado  
**855.855.4626**

- ▶ Locate food and nutrition resources
- ▶ Apply to federal nutrition programs

## TRANSPORTATION

A-LIFT – Adams County Community Transit  
**303.235.6972**

- ▶ Free critical medical and grocery trips for residents 55 and older
- ▶ Free meal and grocery delivery for residents over 60 (call for reservation)

## HOUSING & UTILITY ASSISTANCE

Maiker Housing Partners  
**303.227.2075**

- ▶ Do you need affordable housing? Or help paying your mortgage, rent, or utilities? Want to see if you qualify for a housing voucher? Call us.

## SOCIAL SUPPORT

Well Elder  
**303.426.4408, ext. 202**

- ▶ Access to companion calls, fraud education, and resource sharing

## HEALTH

Tri-County Health Department  
**303.220.9200**

- ▶ Get answers to all your COVID-19 related questions

Colorado Crisis Services  
**844.493.8255 or text TALK to 38255**

- ▶ Receive confidential and professional mental health support

Centro de la Familia  
**719.432.5305**

- ▶ Crisis hotline offering services in Spanish

## GENERAL

Denver Regional Council of Governments (DRCOG)  
**303.480.6700**

- ▶ Access to aging and/or disability resources, including supportive and nutrition services

Servicios de La Raza  
**303.458.5851**

- ▶ Basic emergency services for immigrant families

Availability of programs may change throughout the year. For the most up-to-date information, reach out to the organizations directly.



**ADAMS COUNTY**  
COVID-19 Response & Recovery

For additional resources, visit:  
**[adamscountycovid19.org](https://www.adamscountycovid19.org)**

**Adams County Human Services Center  
Call Center | 720.523.2000**